



MCCARTHY FOOTBALL YOUTH PARENT MEETING

SATURDAY, FEBRUARY 15, 2025

PREPARING BOYS FOR LIFE
THROUGH FOOTBALL





WHY FOOTBALL?



- **IN A GOOD ORGANIZATION WITH DEDICATED COACHES, BOYS WHO PLAY FOOTBALL CAN HAVE AN INCREDIBLY FULFILLING EXPERIENCE**
- **FOOTBALL IS A DEMANDING SPORT THAT TEACHES BOYS MANY VALUABLE LIFE LESSONS**





TOPICS



- **ACADEMICS**
- **CHARACTER DEVELOPMENT**
- **RECRUITMENT**
- **SOCIAL MEDIA**
- **FOOTBALL UNDER ATTACK!**





ACADEMICS



- **IMPORTANCE OF ACADEMICS:**
 - COLLEGE & HIGH SCHOOL ELIGIBILITY
 - COLLEGE OPPORTUNITIES
 - POST COLLEGE CAREER KICKSTART
 - LIFE AFTER FOOTBALL
- **FOR MANY, FOOTBALL ENDS AFTER HIGH SCHOOL:**
 - WHAT'S YOUR PLAN B?
- **TAKE A LOOK AT THE NUMBERS...**





NUMBER DON'T LIE...



<u>HIGH SCHOOL FOOTBALL SENIORS</u>	310,000	<u>% OF H.S. SENIORS:</u>
NCAA FRESHMEN FB PLAYERS	20,000	6.50% (1 IN 15)
NCAA SENIOR FB PLAYERS	13,000	4.20% (1 IN 24)
PLAYERS SCOUTED BY THE NFL	6,500	2.10% (1 IN 48)
INVITED TO THE NFL COMBINE	350	0.10% (1 IN 885)
PLAYERS DRAFTED	250	0.08% (1 IN 1,250)
PLAYERS MAKING NFL ROSTERS	300	0.09% (1 IN 1,033)
PLAYERS REACHING 4TH YEAR IN THE NFL	150	0.05% (1 IN 2,066)
AVERAGE NFL RETIREMENT AGE	24.6 YEARS OLD	
AVERAGE HUMAN LIFESPAN	77.5 YEARS	53 YEARS AFTER FOOTBALL!!!!



ACADEMICS (CONT...)



- **PRIVATE H.S. ADMISSIONS REQUIREMENTS:**
 - MIDDLE SCHOOL A's & B's
- **FHSAA ELIGIBILITY = 2.0 GPA**
- **NCAA ELIGIBILITY = 2.3 GPA**





CHARACTER DEVELOPMENT



- FOOTBALL TEACHES YOUR SON
CRUCIAL LIFE LESSONS:
 - RESPECT
 - DISCIPLINE
 - RELIABILITY
 - ACCOUNTABILITY
 - PERSEVERANCE



RESPECT



- **TEAMS HAVE PEOPLE WITH DIFFERING OPINIONS, EXPERIENCES, BACKGROUNDS, UPBRINGINGS**
- **TEAMS FORCE YOU TO WORK WITH OTHERS**
- **GOOD COACHES DEMAND RESPECT**
- **GOOD TEAMMATES SHOW RESPECT**
- **SHOWING CARE AND CONCERN FOR OTHERS IS THE MOST IMPORTANT PART OF YOUR CHARACTER**





DISCIPLINE



- **INNER STRENGTH:**

- **DO WHAT YOU ARE SUPPOSED TO DO
WHEN YOU ARE SUPPOSED TO DO IT**

- **HOMEWORK LATE AT NIGHT**

- **DON'T DO WHAT YOU ARE NOT SUPPOSED
TO DO**

- **PARTY YOU SHOULDN'T ATTEND**

- **STUDIES SHOW: ROUTINES MATTER**

- **WAKE UP EARLY / GET TO SCHOOL**

- **STUDY HALL / MEETINGS / PRACTICE**





RELIABILITY



- **FOOTBALL IS UNIQUE**
 - **ULTIMATE TEAM SPORT:** ALL 11 PLAYERS DEPEND ON EACH OTHER EVERY PLAY
 - UNLIKE BASEBALL & BASKETBALL WHERE 1 PLAYER CAN MAKE ALL THE DIFFERENCE
- **CAN YOUR TEAMMATES RELY ON YOU?**
 - NO EXCUSES/NO EXPLANATIONS
 - DOMINATE YOUR ROLE
 - WHAT CAN YOU DO FOR THE SAKE OF THE LARGER GROUP (THE TEAM)?



ACCOUNTABILITY



- **NO ONE IS PERFECT**
- **EVERYONE MAKES MISTAKES**
- **ACCEPT COACHING POINTS**
- **ACCEPTING CONSTRUCTIVE CRITICISM IS A SIGN OF MATURITY**
- **ACKNOWLEDGING AND LEARNING FROM MISTAKES WILL LEAD TO A PRODUCTIVE LIFE**



PERSEVERANCE



- **CHOOSE HARD**
 - **EMBRACE CHALLENGES**
 - **GO OUTSIDE YOUR COMFORT ZONE**
- **YOU WILL GET KNOCKED DOWN**
 - **THE KEY IS TO GET UP!**
 - **BOUNCING BACK IS THE KEY TO A SUCCESSFUL LIFE**
- **PERSEVERANCE = NEVER, NEVER, NEVER, NEVER, NEVER GIVE UP!**





RECRUITMENT



NICK SABAN ON RECRUITING

- KEEP THE MAIN THING THE MAIN THING:
 - FOOTBALL IS FUN
- COLLEGE OPPORTUNITY =
 - ABILITY +
 - GREAT GRADES +
 - GOOD CHARACTER





RECRUITMENT (CONT...)



- THE TRUTH...
 - VERBAL OFFERS
 - “POSSIBLE” INTEREST
 - NON-BINDING
 - YOU DO NOT HAVE A SCHOLARSHIP
 - CONCRETE OFFERS:
 - JUNIORS & SENIORS ONLY
 - BINDING
 - YOU HAVE A SCHOLARSHIP!
 - YOU CAN COMMIT



SOCIAL MEDIA



- **THE BAD OUTWEIGHS THE GOOD**
- **'COMPARISON IS THE THIEF OF JOY'**
- **ONLY FULFILLS THE NEED FOR INSTANT GRATIFICATION**
- **NOT GETTING ATTENTION YOU WANT LEADS TO ANXIETY & DEPRESSION**





SOCIAL MEDIA (CONT...)



- **BE AWARE:**

- COLLEGES FOLLOW PLAYERS TO ELIMINATE THEM
- INAPPROPRIATE & IMMATURE BEHAVIOR, LANGUAGE, PICTURES, VIDEOS

- **BE CAREFUL:**

- NO SMART PHONES BEFORE 14
- NO SOCIAL MEDIA BEFORE 16
- APPROPRIATE COMMUNICATION WITH COLLEGE COACHES





FOOTBALL UNDER ATTACK!



- **REFEREE SHORTAGE (YOUTH FB)**
 - **WHY THEY OFFICIATE:**
 - **LOVE OF THE GAME & HELPING KIDS**
 - **WHY THEY ARE QUITTING:**
 - **ABUSIVE PARENTS & COACHES**
 - **YELLING/FOUL LANGUAGE**
 - **COMPLAINING ABOUT BAD CALLS**
- **OVERTRAINING**
- **EXCESSIVE HEAT EXPOSURE**
- **RISK OF CONCUSSIONS**





CONCLUSION



- 1) **FOOTBALL IS FUN; BOYS SHOULD ENJOY IT**
- 2) **USE FOOTBALL TO LEARN LIFE'S GREATEST LESSONS**
- 3) **TRUST THE RECRUITING 'PROCESS' (IT TAKES TIME)**
- 4) **USE SOCIAL MEDIA WISELY...AND CAREFULLY**
- 5) **PARENTS, COACHES, REFS, PLAYERS: RESPECT THE GAME
WITH GOOD SPORTSMANSHIP AND BEHAVIOR DURING
COMPETITION**