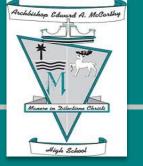


MCCARTHY FOOTBALL YOUTH PARENT MEETING SATURDAY, FEBRUARY 15, 2025

PREPARING BOYS FOR LIFE THROUGH FOOTBALL



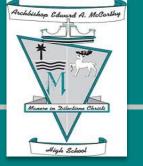


WHY FOOTBALL?



 IN A GOOD ORGANIZATION WITH DEDICATED COACHES, BOYS WHO PLAY FOOTBALL CAN HAVE AN INCREDIBLY FULFILLING EXPERIENCE

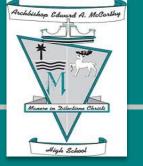
FOOTBALL IS A DEMANDING SPORT THAT TEACHES BOYS MANY VALUABLE LIFE LESSONS





- ACADEMICS
- CHARACTER DEVELOPMENT
- RECRUITMENT
- SOCIAL MEDIA
- FOOTBALL UNDER ATTACK!





ACADEMICS

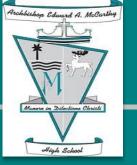
IMPORTANCE OF ACADEMICS:

- COLLEGE & HIGH SCHOOL ELIGIBILITY
- COLLEGE OPPORTUNITIES
- POST COLLEGE CAREER KICKSTART
- LIFE AFTER FOOTBALL
- FOR MANY, FOOTBALL ENDS AFTER HIGH

SCHOOL:

- WHAT'S YOUR PLAN B?
- TAKE A LOOK AT THE NUMBERS...

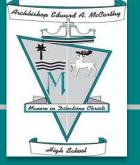




NUMBER DON'T LIE...



HIGH SCHOOL FOOTBALL SENIORS	<u>310,000</u>	<u>% OF H.S. SENIORS:</u>
NCAA FRESHMEN FB PLAYERS	20,000	6.50% (1 IN 15)
NCAA SENIOR FB PLAYERS	13,000	4.20% (1 IN 24)
PLAYERS SCOUTED BY THE NFL	6,500	2.10% (1 IN 48)
INVITED TO THE NFL COMBINE	350	0.10% (1 IN 885)
PLAYERS DRAFTED	250	0.08% (1 IN 1,250)
PLAYERS MAKING NFL ROSTERS	300	0.09% (1 IN 1,033)
PLAYERS REACHING 4TH YEAR IN THE NFL	150	0.05% (1 IN 2,066)
AVERAGE NFL RETIREMENT AGE	24.6 YEARS OLD	
AVERAGE HUMAN LIFESPAN	77.5 YEARS	53 YEARS AFTER FOOTBALL!!!!

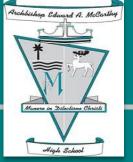


ACADEMICS (CONT...)



- PRIVATE H.S. ADMISSIONS REQUIREMENTS:
 - MIDDLE SCHOOL A's & B's
- FHSAA ELIGIBILITY = 2.0 GPA
- NCAA ELIGIBILITY = 2.3 GPA



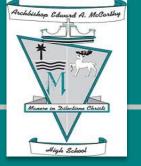


CHARACTER DEVELOPMENT



 FOOTBALL TEACHES YOUR SON CRUCIAL LIFE LESSONS:

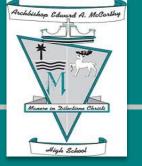
- RESPECT
- DISCIPLINE
- RELIABILITY
- ACCOUNTABILITY
- PERSEVERANCE



RESPECT

- TEAMS HAVE PEOPLE WITH DIFFERING
 OPINIONS, EXPERIENCES, BACKGROUNDS, UPBRINGINGS
- TEAMS FORCE YOU TO WORK WITH OTHERS
- GOOD COACHES DEMAND RESPECT
- GOOD TEAMMATES SHOW RESPECT
- SHOWING CARE AND CONCERN FOR OTHERS
 IS THE MOST IMPORTANT PART OF YOUR
 CHARACTER



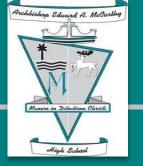


DISCIPLINE

INNER STRENGTH:

- <u>DO</u> WHAT YOU ARE SUPPOSED TO DO
 WHEN YOU ARE SUPPOSED TO DO IT
 - HOMEWORK LATE AT NIGHT
- <u>DON'T</u> DO WHAT YOU ARE NOT SUPPOSED
 TO DO
 - PARTY YOU SHOULDN'T ATTEND
- STUDIES SHOW: ROUTINES MATTER
 - WAKE UP EARLY / GET TO SCHOOL
 - STUDY HALL / MEETINGS / PRACTICE





RELIABILITY



FOOTBALL IS UNIQUE

- ULTIMATE TEAM SPORT: ALL 11 PLAYERS
 DEPEND ON EACH OTHER EVERY PLAY
- UNLIKE BASEBALL & BASKETBALL WHERE 1
 PLAYER CAN MAKE ALL THE DIFFERENCE
- CAN YOUR TEAMMATES RELY ON YOU?
 - NO EXCUSES/NO EXPLANATIONS
 - DOMINATE YOUR ROLE
 - WHAT CAN YOU DO FOR THE SAKE OF THE LARGER GROUP (THE TEAM)?

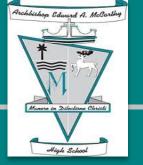




ACCOUNTABILITY



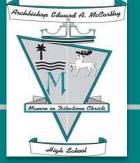
- NO ONE IS PERFECT
- EVERYONE MAKES MISTAKES
- ACCEPT COACHING POINTS
- ACCEPTING CONSTRUCTIVE
 CRITICISM IS A SIGN OF MATURITY
- ACKNOWLEDGING AND LEARNING
 FROM MISTAKES WILL LEAD TO A
 PRODUCTIVE LIFE



PERSEVERANCE

CHOOSE HARD

- EMBRACE CHALLENGES
- GO OUTSIDE YOUR COMFORT ZONE
- YOU WILL GET KNOCKED DOWN
 - THE KEY IS TO GET UP!
 - BOUNCING BACK IS THE KEY TO A SUCCESSFUL LIFE
- PERSEVERANCE = NEVER, NEVER, NEVER, NEVER, NEVER GIVE UP!



RECRUITMENT



NICK SABAN ON RECRUITING

- KEEP THE MAIN THING THE MAIN THING:
 - FOOTBALL IS <u>FUN</u>
- COLLEGE OPPORTUNITY =
 - ABILITY +
 - GREAT GRADES +
 - GOOD CHARACTER





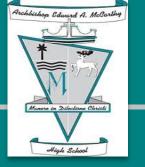
RECRUITMENT (CONT...)



- THE TRUTH...
 - VERBAL OFFERS
 - "POSSIBLE" INTEREST
 - NON-BINDING
 - YOU DO NOT HAVE A

SCHOLARSHIP

- CONCRETE OFFERS:
 - JUNIORS & SENIORS ONLY
 - BINDING
 - YOU HAVE A SCHOLARSHIP!
 - YOU CAN COMMIT

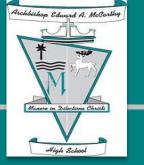


SOCIAL MEDIA



- THE BAD OUTWEIGHS THE GOOD
- **`COMPARISON IS THE THIEF OF JOY'**
- ONLY FULFILLS THE NEED FOR INSTANT GRATIFICATION
- NOT GETTING ATTENTION YOU WANT LEADS TO ANXIETY & DEPRESSION





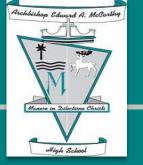
SOCIAL MEDIA (CONT...)



BE AWARE:

- COLLEGES FOLLOW PLAYERS TO ELIMINATE THEM
- INAPPROPRIATE & IMMATURE
 BEHAVIOR, LANGUAGE, PICTURES, VIDEOS
- BE CAREFUL:
 - NO SMART PHONES BEFORE 14
 - NO SOCIAL MEDIA BEFORE 16
 - APPROPRIATE COMMUNICATION WITH COLLEGE COACHES

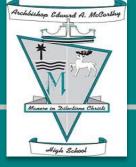




FOOTBALL UNDER ATTACK!

- REFEREE SHORTAGE (YOUTH FB)
 - WHY THEY OFFICIATE:
 - LOVE OF THE GAME & HELPING KIDS
 - WHY THEY ARE QUITTING:
 - ABUSIVE PARENTS & COACHES
 - YELLING/FOUL LANGUAGE
 - COMPLAINING ABOUT BAD CALLS
- OVERTRAINING
- EXCESSIVE HEAT EXPOSURE
- RISK OF CONCUSSIONS





CONCLUSION



- 1) FOOTBALL IS FUN; BOYS SHOULD ENJOY IT
- 2) USE FOOTBALL TO LEARN LIFE'S GREATEST LESSONS
- 3) TRUST THE RECRUITING 'PROCESS' (IT TAKES TIME)
- 4) USE SOCIAL MEDIA WISELY...AND CAREFULLY
- 5) PARENTS, COACHES, REFS, PLAYERS: RESPECT THE GAME WITH GOOD SPORTSMANSHIP AND BEHAVIOR DURING COMPETITION